

CPAC Meeting Minutes

October 12, 2023

Roll call: Eric Stender, Amy Shields, Isabel Shields, Nevaeh Lusher, Lauren Harms, Zoey Thomas, Betty Edison, Tyler Wenger, Marilyn Stout, Nancy Robertson, Carl Duewer, Adam Anderson, Grace Irvin, Adam Snell.

Eric called the meeting to order at 3:15 and asked for a motion to approve the minutes from the September meeting as emailed. Carl moved to accept the minutes. Nancy seconded. Motion carried.

Treasurer's report: There were no changes from September. Betty moved to accept the report. Adam A. seconded. Motion carried.

Old Business: C3 mentoring on October 4th

The character trait emphasized was responsibility. The meeting included setting SMARTer goals. The consensus was that the meeting went very smoothly and students were able to set goals.

C3 character traits/We are IC

Eric met with Mrs. Baugher to discuss how to work together with the school to put more focus on character traits. Mrs. Baugher provided the school's plan, and the targets are similar to C3's. The school uses a six week time frame to focus on each character trait. The character trait for October is respect which is C3's character trait for November. The middle school and the high school had assemblies, and then students broke up into small groups to develop and define ideas about showing respect. Middle school students created posters. Students will be noticed when showing respect and will receive cards. Communication will remain open between the school and C3.

New Business: Chestnut

Grace introduced a new team member, Adam Snell, who is a community health specialist. His background is in mental health and crisis services.

Alcohol campaign- Banners will be sent out to all schools that Chestnut services. There will be an ad on the screen at the Arlee and an ad at the fall play.

Youth prevention classes are underway.

IYS- No Mason County schools are registered yet, but Chestnut will be reaching out to administrators.

Chief Anderson was asked to give the police perspective. He said the biggest issue right now is social media. He is working with the school to show a presentation from the office of the Attorney General.

Prevention plan- Stickers on popcorn bags promote positive choices.

Red Ribbon Week (October 23-31) C3 will support the school's activities. The activities include tying red ribbons around trees and car antennae. Chalk will be available. There will be a PSA during daily announcements. The grade school will have dress up days during that week.

Rx take back is on October 28th. Chestnut will put ads in papers and hang posters. Everyone is encouraged to spread the word.

HAPT will have a cookout on the 28th.

ICGS PTO Trunk/Treat- Nancy and Betty will represent CPAC using Nancy's vehicle. Eric suggested the theme "Keep Your Space a Drug-Free Place". Betty will shop for treats for 150-200 participants. Carl moved to spend up to \$100 on treats. Adam seconded. Motion carried. Eric will find someone to paint the theme on a piece of cardboard. He also has decorations or props. Betty and Nancy will be reimbursed for their expenditures.

Wind grant (Mason County Foundation)- This grant is renewable every year. Carl's opinion is that we should ask for more money. Some suggestions were: to buy a coffee machine, to replace the flags, to pay for a guest speaker and to contribute to the Care Closet. This will be discussed further at the next meeting.

Confirmation of the next meeting: The next meeting will be on November 9th at 3:15 PM at the Mason City Library.

Adjournment: Carl moved to adjourn. Nancy seconded. Motion carried.

C3 Mentoring Notes

The character trait for October was responsibility and SMARTer goals were set. Mentors will be encouraged to check in on their students to see how they are doing on their goals.

The goal for November is respect. Betty thought students should have a fun activity. It was decided to do the logo activity as a pod challenge. Grace provided a sample logo challenge for us. Carl moved to spend \$5 per student for gift certificates from Casey's. Each participant would get a certificate. Betty seconded. Motion carried.

There was discussion about coffee "night" in January. Should it be held during advisory or the regular meeting time? Should juniors and seniors be invited during advisory to re-connect with their past mentors and should sophomores come during their regular mentoring time slot? Discussion will continue.

Final discussion- Eric will sign up CPAC for Trunk or Treat, and he will check on 9 square.