

CPAC Meeting Minutes  
August 10, 2023

Roll call: Tyler Wenger, Grace Irvin, Eric Stender, Marilyn Stout, Betty Edison, Nancy Robertson, Carl Duewer, Isabel Shields, Nevaeh Lusher, Krislyn Dietrich, Lauren Harms, Zoey Thomas, Pam Johnson and Molly McCain.

Eric opened the meeting by explaining CPAC and its mission to the students present and by having all of us introduce ourselves. Tyler and Grace talked about the connection between CPAC and Chestnut. Using questions from a prepared handout, Eric asked students for their opinions and ideas and explained to them how serving on the CPAC board could help them.

How can I help? To have membership on the board, students are required to attend five events or meetings during the year. The August welcome meeting counts as the first meeting, and students have the opportunity to help with the IGA cookout on August 12<sup>th</sup>.

Why should I help? Besides providing community service hours, building a resume, learning about how a non-profit works and the potential for scholarships, this opportunity provides students with a way to make a positive impact for better life choices at IC.

Carl congratulated the students on being recommended by their pod leaders for positions on the board. He asked the students for their input on how the C3 mentoring program could improve and how to make a positive impact on the student body. Their responses were as follows:

- Students enjoyed the fun and food.
- Students appreciated that mentors tried to include all pod members in conversation and activities.
- Students enjoyed the opportunity to interact with students that they usually had no contact with.
- Students enjoyed connecting with the mentors.
- The popular boys tend to not show up for mentoring.
- Emphasis should be on using the boxes instead of building the boxes.
- Students couldn't think of any motivation for sophomores.
- Google classroom- Not everyone checks school email.
- Character traits were not addressed during advisory, but that depends upon the teacher.
- Using advisory time for mentoring would be a negative.
- Students are aware of when mentoring is happening.
- Students enjoyed the end of year food and activities.

Students were thanked for their input and excused from the rest of the meeting.

Eric continued with the meeting and asked for a motion to approve the minutes from the July meeting. Carl noted that the line in the minutes that read "students could leave" should read "students would leave". With that correction made, Carl moved to approve the minutes. Nancy seconded. Motion carried.

Treasurer's report: There were no changes from the last meeting. Betty moved to accept the report. Nancy seconded. Motion carried.

Old business: More volunteers are needed for C3 mentoring. The names of Lance Giesler, Julie Mills and Jim Winkelman were mentioned as possible recruits.

New business: C3 mentoring- This will begin on September 6<sup>th</sup> from 12:30-1:45. This meeting will be at the park. Nancy suggested that students be given ice cream and their pod color as soon as they get off of the bus. The emphasis should be on getting to know each other and not any kind of competition.

Connection with mentors- This will be held on Monday, August 14<sup>th</sup> at St. Luke. Eric showed us a list of 40 phrases that help make connections. There is a form from Illini Central that must be filled out and a mentor form from CPAC that mentors will re-date and sign.

Carl suggested larger font on the name tags. Lanyards will be available in October.

Topics to be discussed are: things that mentors notice that need to be referred to someone else and what approach does is take to get a student to interact. SMARTer goals will also be brought up.

Pods will not be in place before this meeting. There are 45 sophomore students with 7 pods and 6 students to a pod.

Chestnut- The alcohol campaign is “Keep Showing Up-They’re Still Growing Up”.

Youth prevention will be taught at IC in the fall and at MWC in the spring.

2024 is a IYS year. Schools can start registering in September. The survey is for 8<sup>th</sup>, 10<sup>th</sup> and 12<sup>th</sup> grade students. The ideal time for the survey is January-February.

Emma Spader is no longer with Chestnut.

CPAC is on Chestnut regional Canva.

Fall prevention- Volleyball will be starting soon. Popcorn bag stickers will be used for sports messaging.

IGA cookout- The cookout is on August 12<sup>th</sup>. Workers will be Eric, Carl, Betty, Pam, the Stouts and possible student help.

Final discussion- Carl suggested inviting student board members to stay for an entire meeting and to move up planning. It would be the students’ choice to stay or leave after 30 minutes.

Interest surveys were also suggested to help mentors to interact with students within their pods. No decision was made about either of these suggestions.

Confirmation of next meeting: The next meeting will be on September 14<sup>th</sup> at 3:15 at the Mason City library.

Adjournment: Pam moved to adjourn. Carl seconded. Motion carried.

Respectfully submitted,

Marilyn Stout