

CPAC Meeting Agenda **09.12.24 3:15PM (& ZOOM)**- CPAC (Citizens for Positive Adolescent Choices)
“Working toward a brighter future by promoting, modeling, and teaching positive life choices”

ORDER OF BUSINESS / OFFICIAL AGENDA

1. Roll Call -
2. Distribution and Approval of the Minutes of the preceding meeting → __motion __ second
3. Distribution and Approval of the Treasurer’s Report: **\$3,828.23** → __motion __ second
4. Reports of Committees -
5. Reports of Officers -
6. Old Business – (since last meeting)
 - a. C3 - August 19th Training and Purchase of Materials
 - b. C3 - All sophomores completed Real Me Indicator
 - c. C3 - September 4th -- GREAT START

7. New Business

- a. Chestnut Health Systems Team

b. Student Leadership Development Program

SENIORS: Lauren Harms, Krisyln Dietrich, Neveah Lusher, Isabel Shields, Zoey Thomas

JUNIORS: Xavier Stark, Regan Harris, Olivia Golden, Piper Flatley

- c. [WEB / SOCIAL] www.illinicentral.org CPAC tab, Parent Resources

→ Recommend Link to County Site + C3 Information

→ C3 Podcast content ideas

- d. **Prevention Plan** overview 24-25 (our typical prevention projects) shaded = current

COMMUNITY	HIGH SCHOOL	MIDDLE SCHOOL	GRADE SCHOOL	C3 SOPH. MENTORING
Your Actions Matter Sticker	Back to school Orientation	Back to school Orientation	TRUNK/TREAT OPTION	(year 14) Class of 27 PREP
Rx Take Back	Student Leaders Dev. Prog.	Too Good for Drugs	LINKS / Character Champ.	Character Development
Website / Social Media	Positive Messages/SPORTS	Positive Messages/SPORTS	Events support	Field Trip/Year End
Wind Grant (Mason Co Found)	Positive Prom/ Red Ribbon	Hidden in Plain Sight SP25?	Musicals?	May Mentor Lunch /Recruit

- e. Saturday, September 14th Recovery Walk @ Havana (1pm-3pm) -----

8. Confirmation of next meeting date(s): **OCT 10TH 3:15pm** RED RIBBON - FINAL PLANS

NOV 14 ANNUAL GRANT // **DEC 12** C3 MENTORING FOR SPRING 25

9. Adjournment → __ motion __ second

C3 2024-2025 “Class of 2027” Discussion Points:

- Class of 27 estimated 45 students / 27-29 mentors MORE NEEDED ??

- || Access:** on-campus, plus Google Classroom access
- || Method:** Small Group / Personality Connection / Character development / Pod formation
- || Space:** Gym in chairs circles
- || Planning:** C3 Planning Committee
- || Structure:** Monthly in 7 Pods during the time slot of **1:05-1:45 pm**
- || Training** **12:30** Mentoring Meeting ROOM 71 // **Topics:** continued REAL Me content
- || Dates:** first Wednesdays (8) DATES: 9/4, 10/2, 11/6, 12/4, 1/8, 2/5, 3/5, 4/2, 5/7
- || Mentor List** COMPLETED(for this year 27)
- || Forms / Files** (complete binder, and submit Waiver by 10/1)

2024-2025 Actual Layout

44 students / 27 Mentors -- 7 pods with variations of a 1:2 ratio (mentor : student)

THIS YEAR 2024-2025:

We'll introduce and utilize the Real ME approach for the majority of first semester
Then in the second semester, we'll move from what we learned about ourselves into some of our typical character-related material. Our CPAC C3 Mentoring Team will plan out the specifics.

SEPT 4 Get to know POD / cookies / page 4 intro to personality color copy / Interest Inventory

OCT 2 _____

NOV 6 _____

DEC 4 _____

C3 “PLAYBOOK” - content from previous year(s)

C3 Content Sketch

- September Connection / Pod Mixer / Interest Survey / Ice cream @ Park
- October Responsibility -SMARTer goals (1MO)_____
- November Respect SMARTer Goals - update, COMMON GROUND / ~~JUST LISTEN~~ 4 Topics
Another option: (shoes...walk a mile in their shoes/Respect Situations
- December Kindness Pick-a-side icebreaker / Ornaments, Discussion Sheet

-January (Coffee & Connect) 1/10/24 (same time)

-February Integrity Pizza Activity TO DO: _____

-March Self-Discipline Ideas/ **Subway Cookie** (1 now, 2 later)

~~JUST LISTEN~~ 4 Topics

-April Perseverance Ideas: ~~Sour Candy / Puzzle Piece~~ / Guest Speaker: Leann Courson

04.16.24 “Field Trip” TUES- April 16th (possible target Tuesday 4/16) at White Oaks location 10-1

MENTORS ARRIVE JUST BEFORE 10:00 am (at upper (south) entrance by Dick’s

-May 1 Year-End Lunch + Activity / Planning Committee

“Mentor Appreciation Lunch” (poss. Wed May 8th)@ **Do Drop + Onboard New Mentors!**

- Mentoring Connection/Orientation Meeting - Monday, August 19th 6:30 @ St.Luke’s