

CPAC Meeting Minutes

July 11, 2024

Roll Call: Betty Edison, Carl Duewer, Eric Stender, Nancy Robertson, Marilyn Stout, Pam Johnson, Tyler Wenger, Grace Irvin, Collin Witt, Tristan McGrew, Dominic Valenti and Jeanette Davis (online).

Eric called the meeting to order at 11 AM. He asked for a motion to accept the minutes from the June meeting. Carl moved to accept the minutes. Nancy seconded. Motion carried.

Treasurer's report: The report showed a balance of \$4,734.70. Nancy moved to accept the report. Carl seconded. Motion carried.

Reports of committees: The scholarship team presented a copy of the scholarship requirements. With a few suggested changes, it was decided that the scholarship application was complete.

Old business:

CGTI transportation: Three students (Lauren Harms, Isabel Shields and Macy McLaughlin) will attend the conference. Macy's mother, April McLaughlin, will provide transportation both ways.

"Real Me": Eric said he wanted to use this tool at the mentor connection meeting to help provide some structure for the mentors. Carl expressed concern that students with so little life experience would be "categorized". Nancy said that she had had a positive experience using the indicator with family members and thought it could be used in many different ways.

Student Development Program: Four students, Xavier Stark, Regan Harris, Olivia Golden and Piper Flatley, have indicated that they will participate. Eric will invite them to attend our August meeting and to help with the IGA cookout.

New business:

Chestnut: Materials for the alcohol and vaping campaign have been gathered.

IC did not take the IYS. Transitioning to new administrators may have been a factor. Schools will be encouraged to participate early in the spring semester.

The new county-wide messaging campaign for parents is called "Meaningful Moments".

ROSC- Tristan has put harm reduction materials at different places in Mason County. These materials include information and supplies. Jeanette complimented Tristan for the momentum he has created in Mason County.

Upcoming events- On August 31st there will be a panel discussion on naloxone.

On September 14th, there will be a walk for recovery in Havana. CPAC is invited to attend and bring materials.

There will be a hybrid meeting on the third Thursday of every month at alternating places in the county. An email will go out.

Resource bags- Bags with support materials and information are being given to inmates at the Logan County jail as they leave. It was suggested to approach Sheriff Gann about doing this in Mason County.

C3 Mentoring / "Real Me": It was decided to ask Laura Angotti to guide the mentors through the process at the mentoring connection meeting. Eric suggested that we emphasize "Real Me" during the first semester and character traits and SMART goals second semester. There was discussion about how to pay for the books. It was suggested that we (Eric) approach the school about funding the student portion. Grace suggested that they might be able to help. It was decided to finalize the payment plan depending upon the total cost and help from the school.

CGTI: Ashley Webb has been Eric's contact person. Eric has asked the students to look for ideas to help CPAC's prevention efforts. He gave them some target ideas and asked the students to report back at the August meeting. Collin said that CGTI action plans are backed by IYS data. The programs have to be evidence based. He thought the target ideas would work well.

Betty moved to give Mrs. McLaughlin a \$100 check from CPAC and \$100 in Casey's gift cards provided by Logan-Mason ROSC as a "thank you" for providing transportation. Nancy seconded. Motion carried.

Back to school orientation dates are August 7th and 8th. Betty can help on the 7th and Eric will help on the 8th.

IGA cookout is on July 27th.

C3 Connection Meeting for Mentors is on August 19th from 6:30-8 PM at St. Luke.

Confirmation of next meeting: The next meeting will be on August 8th at 3:15 at the Mason City Library.

Adjournment: Carl moved to adjourn, and Nancy seconded. The meeting adjourned at 12:10.

Respectfully submitted,

Marilyn Stout