

CPAC Meeting Agenda **10.10.24 2:15PM (& ZOOM)**- CPAC (Citizens for Positive Adolescent Choices)  
**“Working toward a brighter future by promoting, modeling, and teaching positive life choices”**

**ORDER OF BUSINESS / OFFICIAL AGENDA**

1. Roll Call -
2. Distribution and Approval of the Minutes of the preceding meeting → \_\_ motion \_\_ second
3. Distribution and Approval of the Treasurer’s Report: (same) **\$3,828.23** → \_\_ motion \_\_ second
4. Reports of Committees -
5. Reports of Officers -
6. Old Business – (since last meeting)
  - a. CPAC - table at Recovery Walk Havana 9/14
  - b. C3 - 10/02 -- Real Me: Task & Relationship // Direct & Indirect Communication
  - c. Prevention Stickers for Volleyball Games in place

7. New Business

- a. Chestnut Health Systems Team
  
- b. Student Leadership Development Program [ Red Ribbon Week // CPAC Trunk 10/26 ]

SENIORS: Lauren Harms, Krisyln Dietrich, Neveah Lusher, Isabel Shields, Zoey Thomas

JUNIORS: Xavier Stark, Regan Harris, Olivia Golden, Piper Flatley

- c. [ WEB / SOCIAL ] [www.illinicentral.org](http://www.illinicentral.org) CPAC tab, Parent Resources
  - Recommend Link to County Site + C3 Information
  - C3 Podcast content ideas

d. **Prevention Plan** overview 24-25 (our typical prevention projects) *shaded = current*

COMMUNITY	HIGH SCHOOL	MIDDLE SCHOOL	GRADE SCHOOL	C3 SOPH. MENTORING
Your Actions Matter Sticker	Back to school Orientation	Back to school Orientation	TRUNK/TREAT OPTION	(year 14) Class of 27 PREP
Rx Take Back	Student Leaders Dev. Prog.	Too Good for Drugs	LINKS / Character Champ.	Character Development
Website / Social Media	Positive Messages/SPORTS	Positive Messages/SPORTS	Events support	Field Trip/Year End
Wind Grant (Mason Co Found)	Positive Prom/ <b>Red Ribbon</b>	Hidden in Plain Sight SP25?	Musicals?	May Mentor Lunch /Recruit

e. Red Ribbon Week ( ICGS emphasis // ICMS/HS emphasis

f. CPAC trunk at IC’s “Trunk or Treat” October 26

g. Rx Drug - Take Back October 26

8. Confirmation of next meeting date(s): **NOV 14TH 3:15pm** ANNUAL GRANT /APPLICATION

**DEC 12** C3 MENTORING FOR SPRING 25

9. Adjournment → \_\_ motion \_\_ second

## **C3 2024-2025 “Class of 2027” Discussion Points:**

- Class of 27 estimated 45 students / 27-29 mentors MORE NEEDED ??

**|| Access:** on-campus, plus Google Classroom access  
**|| Method:** Small Group / Personality Connection / Character development / Pod formation  
**|| Space:** Gym in chairs circles  
**|| Planning:** C3 Planning Committee  
**|| Structure:** Monthly in 7 Pods during the time slot of **1:05-1:45 pm**  
**|| Training** **12:30** Mentoring Meeting ROOM 71 // **Topics:** continued REAL Me content  
**|| Dates:** first Wednesdays (8) DATES: 9/4, 10/2, 11/6, 12/4, 1/8, 2/5, 3/5, 4/2, 5/7  
**|| Mentor List** COMPLETED( for this year 27)  
**|| Forms / Files** (complete binder, and submit Waiver by 10/1)

### **2024-2025** Actual Layout

44 students / 27 Mentors -- 7 pods with variations of a 1:2 ratio (mentor : student )

### THIS YEAR 2024-2025:

We'll introduce and utilize the Real ME approach for the majority of first semester  
Then in the second semester, we'll move from what we learned about ourselves into some of our typical character-related material. Our CPAC C3 Mentoring Team will plan out the specifics.

SEPT 4 Get to know POD / cookies / page 4 intro to personality color copy / Interest Inventory  
OCT 2 REAL ME CONTENT -- TASK/RELATIONSHIP and DIRECT/INDIRECT COMMUNICATION (p.12-16)  
NOV 6 \_\_\_\_\_ LIKELY (Strengths & Blind-spots) develop content on October 16th for NOV + DEC \_\_\_\_\_  
DEC 4 \_\_\_\_\_

### **C3 “PLAYBOOK” - content from previous year(s)**

#### C3 Content Sketch

-September Connection / Pod Mixer / Interest Survey / Ice cream @ Park  
-October Responsibility -SMARTer goals (1MO) \_\_\_\_\_  
-November Respect SMARTer Goals - update, COMMON GROUND / ~~JUST LISTEN~~ 4 Topics  
Another option: (shoes...walk a mile in their shoes/Respect Situations  
-December Kindness Pick-a-side icebreaker / Ornaments, Discussion Sheet  
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-January (Coffee & Connect) 1/10/24 (same time)  
-February Integrity Pizza Activity TO DO: \_\_\_\_\_  
-March Self-Discipline Ideas/ **Subway Cookie** (1 now, 2 later)  
~~JUST LISTEN~~ 4 Topics  
-April Perseverance Ideas: ~~Sour Candy / Puzzle Piece~~ / Guest Speaker: Leann Courson  
**04.16.24 “Field Trip” TUES-** April 16th ( possible target Tuesday 4/16 ) at White Oaks location 10-1  
MENTORS ARRIVE JUST BEFORE 10:00 am (at upper (south) entrance by Dick’s  
-May 1 Year-End Lunch + Activity / Planning Committee  
“Mentor Appreciation Lunch” (poss. Wed May 8th)@ **Do Drop + Onboard New Mentors!**  
 Mentoring Connection/Orientation Meeting - Monday, August 19th 6:30 @ St.Luke’s