#### <u>CPAC Meeting Agenda</u> **10.09.25 2:15 PM (& ZOOM)**- CPAC (Citizens for Positive Adolescent Choices)

"Working toward a brighter future by promoting, modeling, and teaching positive life choices"

## ORDER OF BUSINESS / OFFICIAL AGENDA

student copy

- 1. Roll Call -
- 2. Distribution and Approval of the Minutes of the preceding meeting:
- 3. Distribution and Approval of the Treasurer's Report:
- 4. Reports of Committees **Drug Free Grant Committee report**
- 5. Reports of Officers -
- 6. Old Business (since last meeting, June)
  - a. C3 Mentoring Training (New Mentors Night #2 done // ALL sophomores Day #2 done)
  - b. Drug Free Grant Committee Meeting 9/3 2pm → NEXT 11/05 @ 2pm after C3 Mentoring Building out our 12 sectors of community participation / talk-sheet (on email)

## OCT MEETING OBJECTIVES: 1) Finalize Fall Efforts (RRW, Trunk, Sports) 2) Drug Free Grant 3) C3 Mentoring

- 7. New Business
  - a. Chestnut Health Systems Team
  - b. Student Leaders
- Jack Reagan, Hope Thomas, Addi Lemme, Lux Newton, Olivia Bitner, Morgan Peterson

## c. **Prevention Plan** FALL overview 25-26 (our typical prevention projects) *shaded = current*

COMMUNITY	HIGH SCHOOL	MIDDLE SCHOOL	GRADE SCHOOL	C3 SOPH. MENTORING
Your Actions Matter Sticker	Back to school Orientation	Back to school Orientation	TRUNK/TREAT OPTION	(year 15) Class of 28 PREP
Rx Take Back	Student Leaders Dev. Prog.	Too Good for Drugs	ICGS LINKS / Char/Champ.	REAL ME + CHARACTER
Website / Social Media	(+)Messages/SPORTS <u>ICMS</u>	Positive Messages/SPORTS	Events support	Field Trip/Year End
Grant (Mason Co + Menard EL)	Positive Prom/ Red Ribbon	Hidden in Plain Sight #2		May Mentor Lunch /Recruit
DRUG FREE GRANT				

d. Red Ribbon Week @ IC (grade school, middle school, high school)

Theme: "Life Is A Puzzle, Solve It Drug Free.™" Oct 23-31 nationally

- ICGS October 27- Kick-Off Red Ribbon Week- Wear Red +CPAC \$\$ partners for ICGS efforts?
- ICGS October 28- Heroes & Princesses Don't Do Drugs- Dress Like a <u>Superhero</u> or Princess
- ICGS October 29- In October We Wear Pink- Wear Pink
- ICGS October 30- Team Up to be Drug Free- Favorite Jersey or Athletic Gear
- ICGS October 31- (½ Day)- Say Boo to Drugs!- Halloween <u>Costumes</u>
- ICHS / ICMS PLANS \_\_\_\_\_\_
- e. Drug Free Community Grant -- Committee Meeting → **Wednesday, November 5th 2pm**Action→ Building out our 12 sectors of community participation / talk-sheet
- f. C3 Mentoring planning -
- 8. Confirmation of next meeting date(s): NOV 13 2:15PM DEC 11 // JAN 8
- 9. Adjournment \_\_ motion \_\_ second

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#### C3 2025-2026 "Class of 2028" Discussion Points / Prep Worksheet

• Class of 28 estimated 45 students

**|| Access**: on-campus, plus Google Classroom access (DONE)

**|| Method**: Small Group / Personality Connection / Character development / Pod formation

**|| Space**: transition to professional development space in former ICGS APR

|| Planning: CPAC Meetings

|| Structure: Monthly in 7 Pods during the time slot of 1:05-1:45 pm

|| Training 12:30 Mentoring Meeting in NEW Mentoring Room // Topics: continued REAL Me content

**|| Dates:** first Wednesdays (8) DATES: 9/3, 10/1, 11/5, 12/3, 1/7, 2/4. 3/4, **4/8**, 5/6

|| Mentor List WORKSHEET || Forms / Files (complete binder, and submit Waivers)

**2025-2026** (45?) students / 27 Mentors -- 7 pods with variations of a 1:2 ratio (mentor : student )

Real Me (year 2) We'll again utilize the Real ME first semester / Second semester, w character-related material.

#### TO DO

		П	COMPL	ETE	AND	SUBMIT	ALL	FORM	S
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- ☐ IMBED CHARACTER COMPONENT AS NEEDED ( PENDING 25-26 UPDATE )
- ☑ CREATE MASTER CONTACT LIST FOR MENTORS
- **✓ STUDENT BIRTHDAY REQUESTS:**

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	THEME	SPIRAL / MATERIAL	NOTES
AUG	✓C3 INTRO	ALL ADVISORIES - 8/20 10:27-11:13	Mentoring Room
AUG	✓ REALME INDICATOR IN ADV.	(3) 1-day in Advisories 8/21-25	Classroom
SEP	✓Intro/Groups/Cupcakes	spiral page 4, Interest Inv, learn so far	
<u>feedback</u>	Good Start		
SEP	✓ REAL ME LESSON 1	MID-LATE SEPT.	
ОСТ	✓Group: Comm style /Project	P.12-16 / complete p.14/16	
<u>feedback</u>			
NOV	Strengths / Blindspots	Magnified/lady pictures p.17-19 / 1:1 p.19	Poss. Kahoot
feedback			
DEC	Boosting Confidence	\$ \$ Gift/candy bar + I AM statements p. 20-21	
feedback			
JAN	Cookies and Spiral (refresh)	p.24-26 strengths → action [ use Stu Ldrs ]	Too much/
FEB	Integrity Plzza	P.10-11 positive statements // Pizza Integrity	"Alarming" responses
MAR	Self-Discipline / Goals	P.28-29 success story fuel for GOAL	PRE-TEACH SMART
APR	Perseverance / Candy+ Puzzle	Goal check-in ( extra p.27-28) spiral hand off	Lunch surveys
MAY	YEAR END	Games + Lunch	SURVEYS!!

## Working List and Roster for C3 Mentoring 2025-2026 (NOTES

1.	Jo <u>yce Aggertt</u>	aggerttj@hotmail.com_	Phone 309-247-3307 // C 217-871-0626
2.	Laura Angotti	coachlaura7@gmail.com	Phone 515-249-2934
3.	Pam Babbs	psbabbs@gmail.com_	Phone 217-737-1779
4.	Mary Caldwell	marysings53@yahoo.com	Phone 482-3827 // C 217-737-6522
5.	*Adam Coers	adam@ac-architect.com	Phone: 1(217)737-9278
6.	Carl Duewer	aaagreenhouse@abelink.com	Phone 1 (217) 871-3555
7.	Lois Duewer	aaagreenhouse@abelink.com	Phone 1 (217) 871-3555
8.	Bonnie Dunker	dunker56@outlook.com	Phone +1 217-899-0556
9.	Brian Durbin	thechapelpastor@gmail.com	Phone 217-381-2609
10.	Betty Edison	bedison53@casscomm.com	Phone 1 (217) 482-5281 1 (217) 671-5686
11.	Lance Giesler	lance@mason-city.com_	Phone +12177379040
12.	Jordan Harris	jordan@masoncitychristian.com	Phone +1 219-308-9726
13.	*Gina Horn	gbhorn06@gmail.com_	Phone +1(217)341-9391
14.	Taryn List	imtarynitup@gmail.com	Phone (309) 287-1591
15.	*Brianne Mclaughlin	briannemclaughlin@yahoo.com	217-377-8841
16.	Tracy Olson	tracy.olson.gscg@statefarm.com	Phone 217-643-5375 // C 217-737-5095
17.	Nancy Robertson	nancy.robertson59@icloud.com	Phone 217-737-5042
18.	Jim Sprinkel	jnsprinkel@frontiernet.net	Phone 217-737-5838
19.	Peg Sprinkel	pegsprinkel@gmail.com	Phone 217-737-1624
20.	Christine Stender	stenders03@hotmail.com	Phone 217-414-8030
21.	Eric Stender	stenders03@gmail.com	Phone (217) 414-4018
22.	Luke Wolford	luke.wolford@gmail.com_	Phone 217-622-3914
23.	Jim Winkleman	jwinkelman@illinicentral.org	Phone +1(309)538-4450
24.	*Keegan Woods	keegzwoodsy@gmail.com	PHone 217-971-1231

**25.** (Barb Rodgers)

barb56@casscomm.com

26. <u>?Josh McLallen</u>

+ POSSIBLE ADDITIONS:

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