CPAC Meeting Minutes August 14, 2025

Roll call: Eric Stender, Betty Edison, Tyler Wenger, Dominic Valenti, Marilyn Stout, Tracy Olson, Pam Johnson, Addison Armstrong, Hope Thomas, Morgan Peterson, Olivia Bitner, Nancy Robertson, Jordan Harris (on Zoom), Grace Irvin (on Zoom), and Carl Duewer.

Eric called the meeting to order at 2:15 and opened the meeting by asking those present to introduce themselves since this was a welcome meeting for the new student leaders. He went on to give an overview of the Student Leadership Development Program and the expectations and benefits for the student leaders.

He asked the students what they considered the highlights of the C3 mentoring program. Students said that they enjoyed the personality analysis, getting to know their mentors, and they enjoyed the activities and lessons learned. They felt that the mentoring sessions were well balanced. When asked how they handle stress, the students said that they make lists, plan things out or talk to a trusted adult. The students said that they felt no pressure to use drugs or alcohol. In response to a question about how to get more boys involved in leadership roles, their suggestions were to emphasize the importance of leadership, to encourage individualism and to engage boys in activities that build trust. A final suggestion about C3 mentoring was to have an informal chat at the beginning of the session or to have students write down answers to questions and to have them share their answers.

After the students left, Eric asked for a motion to approve the minutes from the June meeting. Betty moved to accept them. Nancy seconded. Motion carried.

Treasurer's report: The treasurer's report showed a balance of \$12,900.81, which included the Menard Electric Grant money. Nancy moved to accept the report. Tracy seconded. Motion carried.

Old business: The Menard Electric grant money has been awarded. This will probably be a one-time grant. Thank you to Nancy for bringing it to CPAC's attention.

There are 3-4 new mentors. They will be asked to come early to the meeting on August 18th. Last year's student leaders who attended at least 5 meetings or events were Xavier Stark, Olivia Golden and Regan Harris.

The Drug Free grant committee met on June 25th. The next meeting will be on September 3rd. The C3 podcast is finished and is on IC's page. It will be used as a work in progress for Mr. Wherley's class. Macy McLaughlin interviewed Eric for the podcast which can also be seen on You Tube or the coalition website.

New business: Chestnut Health

Chestnut handed out 80 bags at the 6th grade and Freshman orientations (40 bags at each event).

Mailers will go out in September for the parent alcohol campaign.

Youth prevention will begin on September 4th.

Registration for the IYS begins on September 2nd. The push will be for schools to participate in January or February.

Youth advisory for 6th-8th graders will meet 4 times a year.

Chestnut will provide stickers for popcorn bags as part of the prevention plan.

Chestnut will try to get the middle school more involved in Red Ribbon week with chalk messages and psa's.

Drug Free Community Grant- The committee will meet on September 3rd at 1:45 in the mentoring room. Chestnut will prepare a fact sheet using data from the IYS. Part of the grant is to identify specific issues (substances) and to tie them into talking with a trusted adult.

Confirmation of the next meeting: September 11th at 3:15 PM.

Adjournment: Carl moved to adjourn. Nancy seconded. Motion carried.

Respectfully submitted,

Marilyn Stout

C 3 Mentoring Notes

Laura Angotti will be at the mentor meeting on August 18th, but she will not be present at the student advisories. On Wednesday, August 20th, Eric will take the sophomores to the mentoring room and give them an overview of C3 mentoring. On Thursday, Friday and Monday, he will go through the indicator and give the students a color and explain what it means. This will help to form groups. Nancy and Betty will try to assist Eric.

It was decided that on Monday, August 18th, new mentors will meet for training at 5:30 and all mentors will meet at 7 PM. Carl will bring cookies.

The afternoon of August 29th, there will have a meeting to place students in pods. Nancy will look into purchasing cupcakes for the mentoring session on September 3rd. Carl moved that CPAC give \$150 to pay for cupcakes. Betty seconded. Motion carried. On September 3rd, the session there will be a short introduction, an interest inventory, and conversation and cupcakes.

MKS