

## CPAC Meeting Minutes

November 14, 2024

Roll call: Eric Stender, Tyler Wenger, Betty Edison, Marilyn Stout, Nancy Robertson, Pam Johnson, Regan Harris, Grace Irvin on Zoom, Collin Witt on Zoom and Jessica Johson on Zoom.

Eric called the meeting to order at 3:15 and asked for a motion to accept the minutes from the October meeting. Nancy moved to accept the minutes. Pam seconded. Motion carried.

Treasurer's report: The report showed a balance of \$3,828.23. Betty moved to accept the report. Nancy seconded. Motion carried.

Old business: Prevention stickers for middle school basketball games are in place.

Events for Red Ribbon Week included sidewalk chalk messages, announcements over the intercom and ribbons on trees and antennas. Interact and student council participated.

Rx takeback was also in October. There were 20 attendees.

Nancy, Pam and Betty, Olivia, Regan and Xavier helped with Trunk or Treat. Nancy suggested that next year the number of bags and the dollar amount allotted for them be increased. She suggested 200-225 bags.

New business: Jessica Johnson was introduced as a new member of the Chestnut team working under the BASE (build, amplify, support, empower) grant as a part of community health intervention.

Collin told us about the youth impacted grant which sponsors resource closets that contain clothes, laundry items, beauty items, etc. The grant also offers scholarships and resources in Mason and Logan counties to reduce risk factors.

Eric asked Collin about CGTI. There is a mid-year CGTI meeting which will be held in Bloomington. High school students who have attended a summer conference can go as PALS. Graduating seniors can attend the summer conference as youth staff. They would go to the conference early to develop leadership skills and to learn how to implement an action plan. The sheriff's association scholarship is for 1<sup>st</sup> year participants. Senior staff members go for free. There is an application and an interview.

Newsletters are going out for the parent campaign.

Ads about substance abuse are being shown at the Arlee before the films begin. Tyler will send a message with the ads to Eric to be shown on You-tube.

Tyler and Dominic started a youth advisory at the middle school. Ten students attended.

Youth prevention is wrapping up at IC.

There will be a process evaluation at the January games to see if parents are seeing the materials.

The invoice for the Wix website was charged to Betty's card. Nancy moved to pay Betty for the full amount charged, \$623.70. Pam seconded. Motion carried. The cost of the website is shared between HAPT and CPAC. HAPT will reimburse CPAC for their share, \$316.85.

Mentoring- Regan gave her input about mentoring activities in order to build the “wind” grant. She liked the puzzle activity, pizza, group talk, field trip and the end of the year lunch. Pam explained how the money from the 2023-2024 grant was used. It was decided to request \$5,000 for the 2025 grant and to remove expenses listed for the guest speakers and staff participation at monthly meetings. Eric will email the amended application to us and we will finalize it in December.

The focus of the December meeting will be planning for the next semester. Mentors will be invited to come and give their input. We will provide snacks.

Confirmation of the next meeting: December 12<sup>th</sup> at 3:15 PM at the Mason City Library.

Adjournment: Betty moved to adjourn. Nancy seconded. Motion carried.

Respectfully submitted,

Marilyn Stout

### C3 Mentoring

It was decided that “kindness” would be the focus at the December mentoring meeting. Students will be given two gifts (perhaps 2 Hersey bars). Students will keep one gift and give the other gift away. One gift will have a sticker that highlights the positive characteristics of the student receiving the gift. Students will do the same to the gifts that they give away. The message will coordinate with the student’s “color”.

Betty will buy candy bars and wrapping paper. Eric will take care of the stickers. Mentors will come with ideas about what they want to write. At the next meeting, a motion will be made to reimburse Betty for expenses. Next Monday, Eric will meet with Laura to fill in the details about how to proceed. Next semester’s mentoring will include familiar activities.