

CPAC Meeting Minutes
January 9, 2025

Roll call: Eric Stender, Grace Irvin, Nancy Robertson, Marilyn Stout, Xavier Stark, Betty Edison, Carl Duewer and Pam Johnson. Dominic Valenti, Jolene Whisler, Tyler Wenger, Collin Witt and Jessica Johnson attended on ZOOM.

Eric called the meeting to order at 3:15 PM and asked for a motion to approve the minutes from the December meeting. Carl moved to accept the minutes. Nancy seconded. Motion carried.

Treasurer's report: The treasurer's report showed an adjusted balance of \$3,343.98. Betty moved to accept the report. Nancy seconded. Motion carried.

Old business:

C3 mentoring met on January 8th for cocoa and cookies. Students worked on identifying their strengths and also played 9 square. Mentors noted that students hardly had time to enjoy the refreshments. Eric said that he would make a note of this so that adjustments can be made.

The grant application has been submitted for review in March.

Eric met with Mr. Hartry who invited Eric to speak at the teachers' in-service, but the time was shortened because of the weather.

New business:

Chestnut- Jolene introduced the BASE project which is funded through the opiate settlement. It's a three year program which aims to reduce stigma and shine a light on local resources. As part of the communication campaign, she talked about a survey to find out what is going on in the community and to tailor the campaign to fit the community's needs.

Tyler said that the direct mailers for the alcohol campaign will go out in February. Another ad will be showing at the Arlee.

Dominic said that prevention education at MWC will be starting for the 6th graders and will continue with the 7th graders. The resource directory is being updated.

Collin talked about impacted youth. Chestnut has run out of care kits and the books have been distributed. They are working on getting more books and care kits to distribute to different schools as well as smaller backpacks for younger students.

ROSC- There is a survey to determine if campaign materials are being seen and to measure public opinion on issues related to recovery.

Student leadership- Xavier said that he still has his backpack and materials.

There will be a middle school boys' basketball game in the new gym on January 10th. This is the first event in the new gym. CPAC and Chestnut will have a table. Chestnut will bring the wheel with questions aimed at students about prevention. There will be a process evaluation survey for adults to complete. Free concession coupons valid for that night will be given to those who engage at the CPAC table. Chestnut will print 100 coupons. CPAC and Chestnut will share the cost 50/50. Eric, Carl and Betty indicated that they can help on the 10th.

CPAC scholarship- Forms will be given to Mrs. Means to give to the four eligible students and should be returned to Mrs. Means by March 1st. The committee will meet at 2:30 on March 13th to discuss the applications to make recommendations.

C3 mentoring and prevention- Grace will bring more popcorn bag stickers. The impacted youth grant has money to spend on the field trip.

Confirmation of the next meeting: The next meeting will be on February 13th at the Mason City Library at 3:15.

Adjournment: Nancy moved to adjourn. Betty seconded. The meeting adjourned at 4:15 PM.

Respectfully submitted,

Marilyn Stout

C3 Mentoring Notes

The February pizza activity will be an expense for C3. Carl suggested ordering extra pizzas. Eric suggested reviewing the "This is Me" page in the spiral to lay the groundwork for setting goals.

The March meeting will focus on self-discipline and setting SMARTer goals. Eric and Laura will teach mini-lessons in advisory to help students identify a goal.

Suggested field trip dates are April 8, 9, 15 or 16.

Nancy suggested surveying students about choices for the May luncheon.